

FREQUENTLY ASKED QUESTIONS

• HOW SHOULD I PREPARE FOR MY APPOINTMENT?

Make sure your face is clean, dry, and free of any products. Stop using tanning products, photosensitive medications, or exfoliating creams 1-2 weeks before treatment. After treatment, avoid sun or use sunscreen for two weeks.

• WHAT CAN I EXPECT DURING AN IPL SESSION?

During IPL treatment, protective shields are placed over your eyes, a thin layer of gel is applied, and light pulses are delivered around the eyelids. You will see bright flashes, but your eyes are protected throughout. The procedure takes about 20-30 minutes and may cause a slight warming sensation.

• HOW EFFECTIVE IS IPL FOR DRY EYE?

IPL therapy significantly improves dry eye symptoms, especially from MGD. Improvement often begins after the first or second treatment, but four sessions spaced 2-4 weeks apart are recommended. Many patients report reduced dryness, irritation, and better tear quality. It is a safe and effective treatment with minimal side effects like temporary redness and swelling.

• HOW IS IPL THERAPY DIFFERENT FROM OTHER DRY EYE TREATMENTS?

Many dry eye treatments only provide temporary relief without addressing the root cause. IPL therapy, however, targets the meibomian glands, which produce the tear film's oily layer that prevents evaporation. By using pulsed light to stimulate these glands, IPL revives gland metabolism and reduces eyelid inflammation, improving tear quality and slowing the progression of chronic dry eye.

eyeSee
OPTOMETRY CLINIC



**OFFERING NEXT GENERATION
TECHNOLOGY FOR DRY EYE!**

iProX

Intense Pulsed Light (IPL) +
Radio Frequency (RF)

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ABOUT IPROX IPL

The iProX-Intense Pulsed Light is a revolutionary, painless treatment for dry eye, Meibomian gland dysfunction, chalazion, and blepharitis. It unclogs Meibomian glands, improves tear quality, reduces inflammation, and eliminates Demodex mites, addressing the underlying causes of dry eye and providing lasting symptom relief.

**IF YOU STRUGGLE WITH DRY EYE,
WE CAN HELP!**



ADDITIONAL AESTHETIC BENEFITS OF IPL

- Reduces hyperpigmentation caused by sun damage, i.e., freckles, sun and age spots
- Minimizes redness, inflammation and rosacea
- Promotes skin collagen production and aids in the recovery of skin elasticity. This improves the overall appearance of the skin by diminishing wrinkles and shrinking pores

SYMPTOMS OF DRY EYE

DRY EYE OCCURS WHEN THE EYE DOESN'T PRODUCE ENOUGH TEARS OR HAS POOR QUALITY TEAR FILM, WITH SYMPTOMS RANGING FROM MILD IRRITATION TO DEBILITATING DISCOMFORT.

- > Scratchy and/or Burning Eyes, Blurred Vision, Gritty or Foreign Body Sensation, Excessive Tearing or Watering, Increased Light Sensitivity, Contact Lens Discomfort



RISK FACTORS FOR DRY EYE

- > Age, Gender, Certain Medical Conditions Such as Diabetes, Thyroid Issues and Rheumatoid Arthritis, Medication, Contact Lens Wear, Environmental Conditions, Computer Use and Refractive Surgery



**CONTACT US TO SCHEDULE YOUR
DRY EYE CONSULTATION TODAY!**

Phone **847-243-3330**

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